



RATIONALE

Health Education promotes an understanding of human development, human relations, food and nutrition and health and safety issues which concern the individual and the community. It provides experiences for all students to maximise their physical, intellectual, emotional and social well-being and has regard for the dignity, privacy and uniqueness of the individual.

AIMS

- To provide learning experiences and strategies to maximise the way students think, feel and act in relation to their own well-being and that of others.
- To develop students' capacity to make reasoned and balanced decisions which will contribute to the well-being of self, others and the community.
- To develop students' understanding of the stages of human development across the human lifespan.
- To develop students' abilities for dealing with the challenges of personal growth and a changing society.
- To promote attitudes and behaviours which contribute to personal and community well-being.
- To develop students' sense of identity.
- To provide accurate information about health and health-related matters and to promote an awareness of the wide range of influences which affect our health.
- To develop the understanding that health is linked to physical, emotional, social, cultural and spiritual relationships between people and the environment.
- To encourage shared responsibility by individuals and the community for creating and maintaining environments conducive to health and safety.

GUIDELINES

- Health Education at Kalinda will be based on the VELs standards in the Health and Physical Education domain.
- The responsibility for health education is shared between home, school and community.
- The beliefs, needs and values of parents and children are to be respected; taking into account the diversity of cultural, socio-economic and gender differences.
- Promoting self-esteem and self-worth in all students is an underlying element of Health Education.
- Health Education is part of an integrated curriculum and is included in the Kalinda Integrated Studies Scope and Sequence.
- The personal safety areas of Health Education – Drug Education, Protective Behaviours, Fire Safety, Traffic Safety and Water Safety and sunsmart, should be included in the curriculum every year.
- We will include visits from a variety of local services such as the Fire Brigade, Able Australia and the Responsible Pet Ownership Program to complement our Program.
- Every second year the Family Life Program will be offered to families.
- The program will cater for the full range and diversity of the school's student population in terms of ability, learning styles, sociocultural backgrounds and gender.

The Health Convenor is responsible for the implementation, monitoring and review of this policy and program.

EVALUATION

- Ongoing monitoring and assessment will be an integral part of the Teaching and Learning program.
- Data gained from the DEEM survey and Student Attitude survey will be used to review the Program.
- Drug Education action plan and review will be updated accordingly.
- A range of evaluation strategies is outlined in the Teaching and Learning Policy.